PRELIMINARY PROGRAMME



2027 | **8–10 April 2027**
Sibiu, Romania

INTERNATIONAL SHOULDER MEETING

"LUCIAN BLAGA" UNIVERSITY OF SIBIU

8 APRIL	**Shoulder Cadaver Course: Arthroscopy** Full-day hands-on wet lab
9 APRIL	**Meeting Day 1** FROM 13.00 MORNING Arthroplasty Wet Lab · Echography Course
10 APRIL	**Meeting Day 2** Arthroplasty · AC Joint & Clavicle · Live / Relive Surgery

SRCUC
Romanian Society for Shoulder and Elbow Surgery

COURSE CO-CHAIRS
Mihai Roman · Radu Fleaca

PROGRAMME OVERVIEW

Three days at a glance

Thursday 8 April	**08.00 – 17.30** Shoulder Cadaver Course: Arthroscopy (Wet Lab I–III)
Friday 9 April	**08.00 – 12.40** Shoulder Echography Course **08.30 – 12.00** Shoulder Cadaver Course: Arthroplasty **13.00 – 18.10** International Shoulder Meeting, Day 1: Sessions 1–2, Guest Lecture 1
Saturday 10 April	**08.30 – 15.00** International Shoulder Meeting, Day 2: Sessions 3–4, Live / Relive Surgery, Guest Lecture 2, Industry Lunch Symposium **15.00 – 17.00** Social Programme: Catacombs Visit, Wine Tasting & Networking

Colour key

Lectures	Wet Lab	Echography	Session	Guest Lecture	Live Surgery	Industry	Social

01

THURSDAY, 8 APRIL 2027

Shoulder Cadaver Course: Arthroscopy

Wet Lab

08.00 – 08.15		**Registration**
08.15 – 08.30		**Welcome & Plan for the Day** *Mihai Roman, Radu Fleaca*
08.30 – 09.00	**L1**	LECTURES 1 **Arthroscopy Essentials: Set-up, Portals, Biceps & Subacromial Space** • Patient positioning and draping • Arthroscopic portals • Diagnostic arthroscopy • Subacromial decompression • Long head of biceps: tenotomy and tenodesis
09.00 – 09.15		*Wet Lab Preparation*
09.15 – 10.45	**LAB**	**Arthroscopy Wet Lab I: Diagnostic Arthroscopy, Biceps Tenotomy / Tenodesis & Subacromial Decompression** *All Faculty*
10.45 – 11.00		*Coffee Break*
11.00 – 11.30	**L2**	LECTURES 2 **Instability: Arthroscopic Stabilization Step by Step** • Labral and glenoid lesions: evaluation and preparation • Anchor positioning • Capsular plication • Knot management • Remplissage: Hill-Sachs evaluation and preparation, anchor placement and knot tying
11.30 – 11.45		*Wet Lab Preparation*
11.45 – 13.15	**LAB**	**Arthroscopy Wet Lab II: Instability Repair** *All Faculty*
13.15 – 14.15		*Lunch*
14.15 – 14.45	**L3**	LECTURES 3 **Rotator Cuff Repair: From Footprint to Second Row** • Cuff release and debridement • Footprint preparation and medial-row anchor placement • Second (lateral) row • Transverse sutures • Suture management
14.45 – 15.00		*Wet Lab Preparation*
15.00 – 17.00	**LAB**	**Arthroscopy Wet Lab III: Rotator Cuff Repair** *All Faculty*
17.00 – 17.30		**Day 1 Closing Remarks** *Mihai Roman, Radu Fleaca*

02

FRIDAY, 9 APRIL 2027 · MORNING

Shoulder Cadaver Course: Arthroplasty

Wet Lab

The International Shoulder Meeting starts the same day at 13.00.

08.30 – 09.00	**L4**	LECTURES 4 **Shoulder Arthroplasty: Step-by-Step Technique** • Surgical approach • Humeral head preparation, including resection • Glenoid preparation, including retractor positioning • Glenosphere placement • Humeral component placement
09.00 – 09.15		*Wet Lab Preparation*
09.15 – 11.45	**LAB**	**Arthroplasty Wet Lab: From Approach to Implant** *All Faculty*
11.45 – 12.00		**Closing Remarks** *Mihai Roman, Radu Fleaca*

03

FRIDAY, 9 APRIL 2027 · MORNING

Shoulder Echography Course

Centrul de Simulare Avansată, Facultatea de Medicină Sibiu

10 workstations · 20 participants

08.00 – 08.30		**Registration**
08.30 – 10.30	**ECHO**	**Theoretical Module (TBD)** *Conf. Dr. Cosmin Faur, Prof. Dr. Fl. Popa, Conf. Dr. L. Chicea*
10.30 – 11.00		*Coffee Break*
11.00 – 12.30	**ECHO**	**Practical Exercises on Real Echo Stations** *Conf. Dr. Cosmin Faur, Prof. Dr. Fl. Popa, Conf. Dr. L. Chicea*
12.30 – 12.40		**Conclusions & Closing** *Conf. Dr. Cosmin Faur, Prof. Dr. Fl. Popa, Conf. Dr. L. Chicea*

04

FRIDAY, 9 APRIL 2027 · DAY 1

International Shoulder Meeting

Main Hall

13.00 – 13.20		**Registration**
13.20 – 13.30		**Welcome & Opening Remarks** *Mihai Roman, Radu Fleaca*
13.30 – 15.30	S1	SESSION 1 **Rotator Cuff: From Diagnosis to Decision** *Chairs: to be announced*
13.30 – 13.40	1.1	Functional Anatomy of the Rotator Cuff: The Must-Knows *Speaker to be announced*
13.40 – 13.50	1.2	Diagnosing Rotator Cuff Tears: Clinical Examination and MRI *Speaker to be announced*
13.50 – 14.00	1.3	Partial-Thickness Tears: Leave, Debride or Repair? *Speaker to be announced*
14.00 – 14.10	1.4	Full-Thickness Tears: Who, When and How to Repair *Speaker to be announced*
14.10 – 14.20	1.5	Subscapularis — The Forgotten Tendon: How to Diagnose and Repair It *Speaker to be announced*
14.20 – 14.30	1.6	The Long Head of the Biceps in Cuff Repair: Tenotomy, Tenodesis or Leave It Alone? *Speaker to be announced*
14.30 – 14.40	1.7	The “Irreparable” Tear: When Is It Truly Irreparable — and What Are My Options? *Speaker to be announced*
14.40 – 15.00	1.8	**Discussion — Moderated Q&A and Expert Panel**
15.00 – 15.30	1.9	**Interactive Case Session: Challenging Cases, Complex Decisions & Failures**
15.30 – 15.50		*Coffee Break*
15.50 – 16.10	GL	**Guest Lecture 1**
16.10 – 18.10	S2	SESSION 2 **Shoulder Instability: Read the Lesion, Choose the Fix** *Chairs: to be announced*
16.10 – 16.20	2.1	Pathoanatomy of Instability and What Imaging Tells Us *Speaker to be announced*
16.20 – 16.30	2.2	The First-Time Dislocator: Assessing Recurrence Risk and Choosing Treatment *Speaker to be announced*
16.30 – 16.40	2.3	Bone Loss Matters: Glenoid and Hill-Sachs Lesions, On-Track vs Off-Track *Speaker to be announced*
16.40 – 16.50	2.4	Arthroscopic Bankart & Remplissage: Anchors, Tensioning, Tips & Tricks — and Common Failures *Speaker to be announced*
16.50 – 17.00	2.5	Beyond Bankart: HAGL, ALPSA, Posterior and Multidirectional Instability — Lesions You Shouldn’t Miss *Speaker to be announced*
17.00 – 17.10	2.6	Bony Procedures: Latarjet, Bone Block or Something Else? *Speaker to be announced*
17.10 – 17.20	2.7	When Stabilization Fails: What to Do After Failed Primary Surgery *Speaker to be announced*
17.20 – 17.40	2.8	**Discussion — Moderated Q&A and Expert Panel**
17.40 – 18.10	2.9	**Interactive Case Session: Challenging Cases, Complex Decisions & Failed Stabilizations**

05

SATURDAY, 10 APRIL 2027 · DAY 2

International Shoulder Meeting

Main Hall

08.30 – 11.00	**S3**	**SESSION 3** **Shoulder Arthroplasty: Right Implant, Right Patient** *Chairs: to be announced*
08.30 – 08.40	3.1	Anatomic or Reverse? Indications and Choosing the Right Implant for the Right Patient *Speaker to be announced*
08.40 – 08.50	3.2	Principles of Anatomic Total Shoulder Arthroplasty *Speaker to be announced*
08.50 – 09.00	3.3	Principles of Reverse Total Shoulder Arthroplasty *Speaker to be announced*
09.00 – 09.10	3.4	The Glenoid Challenge in Shoulder Arthroplasty *Speaker to be announced*
09.10 – 09.20	3.5	When Things Go Wrong: Complications in Shoulder Arthroplasty *Speaker to be announced*
09.20 – 09.30	3.6	**Discussion — Moderated Q&A and Expert Panel**
09.30 – 09.40	3.7	**Interactive Case Session: Challenging Cases, Complex Decisions & Failed Arthroplasties**
09.40 – 11.00	3.8	**Live / Relive Surgery**
11.00 – 11.30		*Coffee Break*
11.30 – 11.50	GL	**Guest Lecture 2**
12.00 – 13.30	**S4**	**SESSION 4** **AC Joint & Clavicle: Fix It or Leave It?** *Chairs: to be announced*
12.00 – 12.10	4.1	Acute AC Joint Dislocation: Sling or Surgery? *Speaker to be announced*
12.10 – 12.20	4.2	Chronic AC Joint Instability: Decision Making and Reconstruction Options *Speaker to be announced*
12.20 – 12.30	4.3	Midshaft Clavicle Fractures: To Fix or Not to Fix? *Speaker to be announced*
12.30 – 12.40	4.4	Lateral-End Clavicle Fractures: Choosing the Right Fixation *Speaker to be announced*
12.40 – 12.50	4.5	Clavicle Non-Union and Malunion: Salvage Strategies *Speaker to be announced*
12.50 – 13.00	4.6	**Discussion — Moderated Q&A and Expert Panel**
13.00 – 13.30	4.7	**Interactive Case Session: Challenging Cases, Complex Decisions & Failed Fixations**
13.30 – 14.30	IND	**Industry Lunch Symposium**
14.30 – 15.00		**Feedback & Closing Remarks** *Mihai Roman, Radu Fleaca*
15.00 – 17.00	★	**Social Programme: Catacombs Visit, Wine Tasting & Networking**

FACULTY

Course Co-Chairs

Mihai Roman	**Radu Fleaca**

Confirmed Faculty

Guido Marra	**Maurice Balke**
William Stetson	**Angelos Trellopoulos**
Ali Ersen	**Adrian Todor**
Alper Sukru	**Razvan Melinte**
Benjamin Marjanovic	**Mihai Hurmuz**
Vladan Stevanovic	**Cosmin Faur**
Maarten van der List	**Horea Benea**

Shoulder Echography Course

Conf. Dr. Cosmin Faur	**Prof. Dr. Fl. Popa**	**Conf. Dr. L. Chicea**

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