

Cadaveric Shoulder Arthroscopy

Three-Level Progressive Course
with Elbow Arthroscopy Module

30 September – 1 October
BRAȘOV, ROMANIA

6 cadaveric specimens · 2 candidates per specimen · 12 places per module
Maximum hands-on cadaver time · Concise expert lectures

Course Overview

This two-day cadaveric programme delivers three standalone shoulder arthroscopy courses of ascending difficulty, plus a dedicated elbow arthroscopy module. Candidates may register for a single module, a full day, or the complete programme — choosing the level that matches their experience.

All four modules run on the same six full upper-limb specimens, sequenced in strict least-destructive-first order so that the anatomy needed for each stage is preserved for the one before it: diagnostic shoulder & soft-tissue reconstruction & bone/complex shoulder & elbow (an untouched joint, worked last). Each specimen is shared by two candidates, who alternate as surgeon and assistant.

Level 1

Foundation — Diagnostic Shoulder Arthroscopy

Portals and set-up, systematic 15-point glenohumeral inspection, subacromial decompression, normal vs. pathological anatomy. Acromio-clavicular joint arthroscopy and excision arthroplasty. Arthroscopic release for stiffness
For trainees and surgeons new to shoulder arthroscopy.

Level 2

Intermediate — Reconstructive Shoulder Rotator cuff / biceps

Rotator cuff repair – supraspinatus and subscapularis, biceps tenotomy/tenodesis, SLAP tears. Anchors and soft-tissue work first; acromioplasty last.
For surgeons starting or consolidating shoulder arthroplasty skills

Level 3

Advanced — Complex Reconstructive Shoulder for Instability

Bankart labrum repair, posterior labrum repair and principles of arthroscopic Latarjet/bone blocks. Remplissage
For experienced shoulder surgeons

Level 4

Elbow Arthroscopy

Elbow portals and neurovascular danger zones, diagnostic anterior and posterior compartments, loose-body removal, synovectomy, plica excision, osteophyte debridement and capsular release. Tennis elbow release.
Open to all levels; worked last on the otherwise untouched elbow.

COURSES (EUR)

The full programme is the value choice: €1,750 EUR against €2,200 EUR if purchased module-by-module. Fees shown are net.

Registration options

Full programme — all 4 modules

Any three modules

One full day — 2 modules

Single module

Fee per candidate

1,750 EUR

1,400 EUR

1000 EUR

550 EUR

Includes:

- **Cadaveric specimen and full arthroscopy station access**
- **All lectures, faculty instruction and course materials**
- **Welcome coffee, refreshment breaks and light lunch each day (for minimum 2 modules booked)**
- **Certificate of attendance**

With the support of:



For the full schedule, please visit www.sruc.ro